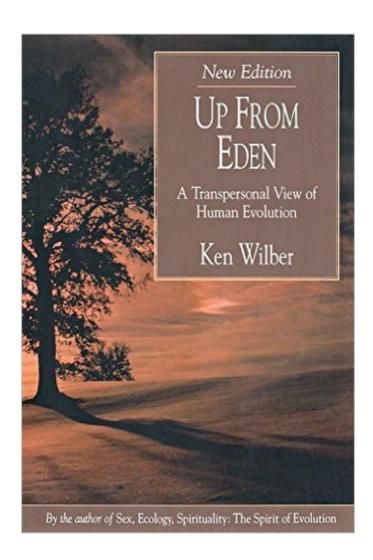
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# **Up From Eden: A Transpersonal View Of Human Evolution**





## **Synopsis**

This book chronicles humanity's cultural and psychospiritual evolutionary journey over some six million years from its primal past into its dazzling cosmic future.

### **Book Information**

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If you think about it, there must have been a time when human beings did not have the same kind of minds or "brand" of consciousness that we have today. For example, imagine what it would be like to have no personal ego identification. Can you? Imagine being a human creature that was more akin to one of the "lower" animals, such as being a member of a herd. Rather than framing your reality in terms of "I" or "me" - you only identify yourself as a member of a group - but not even "a" member. You are the group. This is just one theoretical past element of the human condition KEN WILBER explores in this amazing book, UP FROM EDEN: A TRANSPERSONAL VIEW OF EVOLUTION. Most people are comfortable with the idea that we have evolved biologically as a species, but what fewer people contemplate is that the physical body is not the only element of humanity that must have evolved. Throughout the uncounted millennia - the human mind must have undergone enormous transformation as well. At its earliest stage, Wilber calls the psychological make-up of the human mind the pleromatic-uroboric -- an era when "people" were primates gathering and scavenging to survive with all the other animals. This is a state in which the individual hominid cannot distinguish the difference between his or her inner experience from outer reality. In a sense, "people" are embedded in a kind of unconsciousness. They function like animals, concerned with

finding something to eat, staying warm, having sex - just getting along and surviving. Somehow, Wilber suggests that the mind advanced out of this stage over eons of time - the mind transcends to the next stage of development, which he calls the typhonic.

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